# A Guide for Local Health Departments: Cultural Competency in Preparation, Response, and Recovery Pandemic H1N1 Influenza

# **Vulnerability of Minority Groups**

- · Racial and ethnic minorities are more vulnerable to an influenza pandemic due to:
  - Pre-existing health and social disparities
  - Migration history
  - Living conditions
- · Need information to overcome:
  - Limited resources
  - Inaccessibility to healthcare services
  - Limited English proficiency and language barriers
  - Cross-cultural misunderstanding
  - Inexperience applying recommended guidelines
- Local health departments need to help their communities by preparing and then providing:
  - Culturally Competent Care
  - Language Access Services
  - Organizational Supports

### **Culturally Competent Care**

- Refers to relationship of responders and disaster survivors (specifically during a pandemic).
- · Delivery of culturally competent care to survivors by individual or collective responders.
- · Appropriateness of care to one's culture.

## **Language Access Services**

- · Facilitating communication during all phases of an influenza pandemic.
- · Educating community members prior to an event.
- Assisting responders during an event to ensure appropriate language access services are available.





### **Organizational Supports**

 Focus on policies and procedures to help responders provide effective services to the community.

Helping minority populations during an influenza pandemic, such as the current pandemic H1N1 influenza virus, takes a community effort. Enlist the help and support of community partners such as:

- Faith-based organizations
- Community-based organizations
- Civic organizations
- Volunteer organizations
- Business groups and local companies
- Hospital and healthcare organizations
- Other government agencies

### Messaging to Minority Populations

- Take means to overcome language barriers.
- Explain recommendations and guidelines in appropriate, culture-specific wording.
- Use culturally and ethnically appropriate messages.
- Develop a community database of those who work with and can assist minority populations.

For more resources and information about minority populations and preparedness, please see the following:

- http://www.omhrc.gov/templates/browse.aspx?lvl=2&lvlID=15
- http://www.diversitypreparedness.org/
- · http://www.omhrc.gov/
- https://www.thinkculturalhealth.org/
- http://dx.confex.com/dx/8/webprogram/Paper1375.html
- http://nccphp.sph.unc.edu/training/HEP\_CULTC/certificate.php
- http://publichealth.yale.edu/ycphp/diverseconference/presentations/Schwendinger\_ Federal%20Resources%20for%20Community%20Preparedness.pdf
- · http://www.nj-ptc.org/training/online/videos/09MCG55B.htm

